HEATH MOUNT PRIMARY SCHOOL



NEWSLETTER



15TH NOVEMBER 2024

Dear Parents/Carers.

Anti-Bullying Week

The children have enjoyed taking part in different activities this week to support anti-bullying week. Well done to everyone!

Remembrance Day

On Monday we held a two-minute silence at 11.00am to mark Remembrance Day. This was observed and respected by all at our school.

Today was Children in Need Day. As a school, we managed to raise £202.23. Thankyou for your support and generosity with raising money for this wonderful charity.

Thank you for all of your continued support. Miss Cross **Head of School**

UPCOMING EVENTS

Tuesday 19th November - SEND Parents' Coffee Morning - 9:00-10:00

Wednesday 20th November - Open Day for Reception 2025 Intake

Wednesday 11th December - Winter Fayre

Thursday 12th December - Christmas Jumper Day

Friday 20th December - School will close at 1:00 for the Christmas break

Monday 23rd December - Friday 3rd January -**Christmas Break**

Monday 6th January - Children return to school

Rights Respecting School Award - UNICEF



We are thrilled to announce that Heath Mount Primary School has been awarded the Bronze Rights Respecting School Award, a testament to our commitment to fostering a culture of respect and understanding among our whole school community. This achievement reflects our dedication to incorporating the principles outlined in the United Nations Convention on the Rights of the Child (UNCRC) into our school community.

The Bronze Rights Respecting School Award recognises our efforts in teaching children about their rights and responsibilities, as outlined by UNICEF. Through engaging and age-appropriate activities, we empower our students with the knowledge and understanding of the UNCRC, promoting a sense of social responsibility and global citizenship.

Reception Admissions For September 2025 Now Open

Is your child due to start Reception in September 2025? The Deadline for applying for a reception school place is 15th January 2025. Please ensure that you have submitted the online application form before this date.

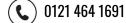
If you require assistance with the application process, Mrs Andrews will be holding support sessions for any parents who require assistance to complete the online application form.

The deadline for applying for you child's school reception place is:

JANUARŸ

These support sessions will take place in our **Community Hub, every** Tuesday from 9:00-11:00.











schools by monitoring progress in the curriculum attend five meetings of the Governing Board per year hold the school's leadership to account



@excelsiormat.org









Square Square Families

THURSDAY

de Margherita Pizza (V) Chipped Potatoes Veg of the Day

Strawberry Mousse

FRIDAY

anean Vegetable Pasta with Garlic Flatbread (V)

New Potatoes Veg of the Day

Carrot Cake Fresh Fruit/Jelly

Homemade Cajun Chicken Pizza



MONDAY

Chicken Tikka Fillet o

Sea Stars Served with Lemon Wedge & Tartore Souce

Pomme Noisette Veg of the Day

Ice Cream

TUESDAY

Chicken or Vegetarian Sausage (V) Hot Dog Served with Ketchup or Chilli Sauce

Syrup Sponge & Custard Fresh Fruit/Jelly

WEDNESDAY

Shepherds Pie Vegetable Casserole (V) Battered Fish

Rosemary Diced Potato Veg of the Day Chocolate Chip Cookie Fresh Fruit/Jelly

AVAILABLE DAILY Fresh Salad Cart

Jacket Potato with Fillings







PE TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	
Monday	- ruesuu	vicunesauy	· iiui suuy	IIIaay	
Year 6	Class 1PB	Year 3	Year 5	EYFS	
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Class 1R	Class 4P	Class 2R7	Class 27		



Plain, white T-Shirt/polo shirt A blue school jumper in cold weather Black shorts, plain black tracksuit bottoms or black leggings Trainers/black pumps Elasticated blue, black or white headscarf (if appropriate)

> Children must wear their PE uniform from home on the day of their PE lesson

Class 4A (Swimming)





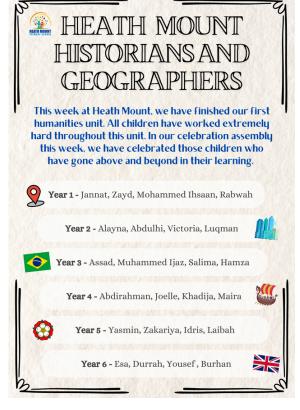


HOT CHOCOLATE FRIDAY

Well done to all the children who have been nominated. This week's winners are



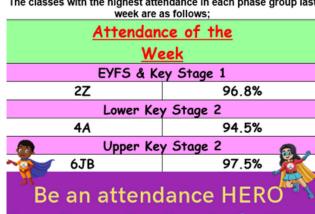
- Year 2 Alayna & Afnan
- Year 3 M. Ijaaz & Haleema
- Year 4 Lany & Zakariyah
- Year 5 Zakariyyah & Abdul-Haseeb
- Year 6 Khansaa & Maysa

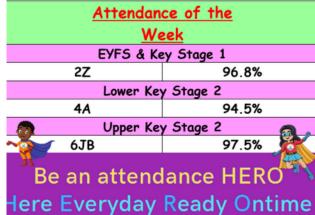




Well done to all the children who have been in school every day

The classes with the highest attendance in each phase group last







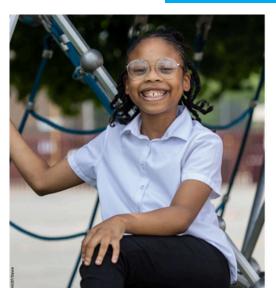
Rights Respecting Article

We are actively promoting children's rights and ensuring they know them. Please see an 'Article of the Week' below for you to share with your child.

Anti-Bullying Week

Anti-bullying Week is held each year in November and is a time for all of us to think about how we can develop positive relationships in school based on dignity and respect, take a proactive approach to preventing bullying and also support people who have faced or are facing bullying.

There are a number of articles from the CRC that link to Anti-Bullying Week including Article 2, which states that the convention applies to all children without discrimination, Article 12 which says that children's views should be taken seriously in all decisions that affect them, Article 13 which says that children have the right to express their thoughts and opinions and Article 19 which says that all children should be protected from violence and abuse.



REFLECTION

Take a little time to think...find somewhere quiet and give yourself some space...

- Think about how it feels when you experience kindness from others.
- Why does kindness matter in out lives and out relationships?
- Think of one thing you could do today to show kindness to somebody.
- Think of one way that you might be able to show support and kindness if you ever become aware of somebody being bullied.



EXPLORING ANTI-BULLYING WEEK

Did you think of these?

- · It is repeated behaviour that treats another person badly over time.
- · Behaviour that makes you feel unsafe and/or puts you down as a person.
- Physical aggressive or violent, being pushed, hit, kicked, intimidated.
- · Verbal name-calling, threatening, being laughed at, teasing, being shouted at.
- · Social being purposefully excluded from plans with your 'friends'.
- Cyber bullying (online, on social media or gaming forums) unkind comments, sharing photos with negative comments.
- · Discrimination against race, nationality, sexuality, faith or another protected characteristic.
- · Sexual bullying unwanted sexual comments or contact, spreading of sex rumours.
- Emotional or psychological when someone gets what they want by making others feel angry/sad (manipulation) or being told they are not good enough.

